



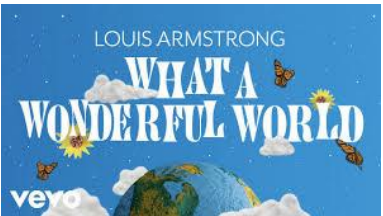





Wellbeing Menu

Year 2

Express yourself



COOKING/CRAFTS	CREATIVE	FITNESS/WELLBEING
<p>Thinking about our wonderful world. Can you make these world biscuit?</p>  <p>https://www.delish.com/cooking/recipe-ideas/recipes/a52657/earth-day-cookies-recipe/</p> <p>How do they taste? Can you send a photo in to show us?</p>	<p>Get a piece of paper and fill it with colours of your choice. When it is filled completely, colour the whole sheet with black or brown wax crayon. Scratch out the image you like using a paper clip or a bobby pin or even a tooth pick.</p> 	<p>Take a moment to watch this video. What a wonderful world we live in. Can you think of 5 things you feel grateful for?</p>  <p>https://youtu.be/rBrd_3VMC3c</p>
<p>Think about holidays you have been on or where you would like to go soon. Can you create a holiday on a plate?</p> 	<p>What is important to you?</p> <p>When Neil Armstrong went to the moon he wasn't allowed to take a suitcase full of things to space with him. He only took a few things that were really important to him like a photo of his family. If you were to go to the moon what are the few things that you would take with you?</p> 	<p>Let's take a trip to one of our continents, and join in with some animal Yoga moves.</p>  <p>https://cosmickids.com/video/giraffes-cant-dance/</p> <p>Which continent do you think these animals are from?</p>