



NOTE: These are activity ideas and are **not** compulsory. Follow your child's interests; every child learns at a different rate and in different ways. Happy learning 😊

Recognising Emotions

Can you recognise these emotions? When have you felt like that?



Parents: Encourage your child to talk about a time they have experience the different emotions. Can they write a sentence about some of the emotions in their workbooks? You could build on some of the emotions (anger/sadness/worry etc) by talking about how they dealt with the emotion and got over it,

Be Kind to Yourself

We often think about how we can be kind to others and what effect our behaviour has on other people. Have you ever thought about how you can be kind to yourself? Write your own ideas about how you can be kind to yourself onto a heart. Once you have recorded these ideas, you could cut them out and put them in a pot. Whenever you need to, grab a heart and do what it says - be kind to yourself!

Parents: Encourage your child to use their sound mat to write independently.

How Can You Be Kind to Yourself?

We often think about how we can be kind to others and what effect our behaviour has on other people. Have you ever thought about how you can be kind to yourself? Using the hearts below, write your own ideas about how you can be kind to yourself. Some ideas have been given to start you off. Once you have recorded these ideas, you could cut them out and put them in a pot. Whenever you need to, grab a heart and do what it says - be kind to yourself!



* Note to Parents *

As we begin week seven it is probable that the children are beginning to really feel the effects of being away from their friends for such a long time. Before now it may have felt like an extended holiday or a novelty. It is so important we take care of our mental wellbeing as well as progressing academically. Because of this we have decided to focus this week's English work on emotions.

Phase 4 Phonics - Blends

Our new blends for this week are:



Why not make some alien words using the new blends? Ask your grown up to make some flashcards with real words and alien words for you to sort out. Then make some yourself and see if you can catch them out!

Parents: 'Alien' words are words used to check a child's phonic knowledge but also their vocab and understanding. It checks their phonics by making it so they cannot just guess/recognise the word. It checks their vocab and understanding by making them think about what each word could mean and if it is a real word or not. If it is a real word, can they put it into a sentence (verbally)?

English/Literacy Activities

Date: 04.05.20

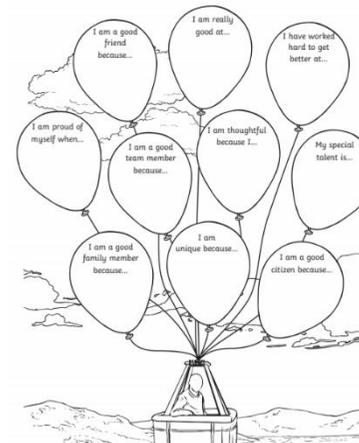
Focus: Personal, Social and Emotional Literacy

'I am an Amazing Person!'

To boost self esteem when you might be feeling a little bit low or lonely, make some balloons that tell everyone all the great things about you! Use the sheet or make your own.

Parents: Before you start writing have a family circle time to go round and listen to each completing the sentences. You could fill one in for yourself too! 😊

I Am an Amazing Person!



DAILY

- **Practise writing your name** - first name, full name, cursive, joined up - how are you getting on? Send us a pic!
- **Practise tricky words** - NEW WORDS - **come, were, there** You should be able to read these without any sounding out.
- **Read everyday** - Read your school book, read a book from home, listen to someone else read and point out the sounds you know, listen to a story on audible... just keep reading!
- **NEW PHONICS** - Make new flashcards with the new sounds you have learnt this week and add them to your collection. Time yourself saying the sounds and blends. Can you beat your previous time?
- <https://wandleenglishhub.org.uk/lettersandsounds/reception> This is the website set up by the Department for Education to support the teaching of phonics at home. See what you think!